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## Instructions: Small energy bar

The following applications are possible with the small energy bar:

### - Relief of pain

- o To do this, hold the red cap against the aching part of the body. Distance about 1cm
- o Duration of exposure varies according to person and self-oscillation between 30 seconds and 5 minutes
- o When a noticeable change occurs (throbbing, heat), the process starts
- o Perform several times a day
- o Works normally for all types of pain, especially effective for fresh injuries, or inflammation

### - Treatment of animals

- o Same way as in humans
- o However, a normal exposure time of 1 minute is sufficient
- o Perform several times a day
- o In animals - rays seeker, such as cat, bee can be permanently irradiated for strengthening

### - Strengthening plants

- o Attach red cap approx. 10 cm away from the plant
- o Duration approx. 30 minutes
- o Perform several times a day
- o Talk positively to the plant

### - Vibration increase human

- o For your own raise, the staff have at most 6 hours a day nearby  
Body takes 18 hours to process

### - Vibration increase food

- o Irrigate water overnight, drink within one day
- o Meat, sausage, generally preserved food about 1 hour before the pleasure of irradiation

### - General well-being

- o Strengthens the vibrations around us
- o Can also be used with soothing sounds

Strengthens the energy in nature

The rod binds the earth's vibration and amplifies it by 100%.

Not for children under 3 years

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